

Northumberland and Durham Counties ASA 800m Swimming Championships.
Saturday 2 February 2008 at Middlesbrough

Two girls from DASC, Chloe Coates and Helena Teague, took part in the first of several upcoming N&D events when they competed in the 800m Championships at Middlesbrough on 2 February. Both girls showed great commitment in their heats and both improved on their personal best times which they had set as recently as December 2007.

Chloe competed in the 14-17 agegroup coming 15th, although she is still only 13 for another few days. In the Open event this placed her 28th out of 105 swimmers. Her time was 9.47.27. Helena did a time of 9.49.95 and was placed 30th in the Open event, being too young to be considered for the 14-17 agegroup.

Considering Chloe had been ill two days before the gala and Helena swam most of the race with a stitch, both girls performed well. Head Coach, Fiona Miller, said, 'I was impressed that, despite the problems in the final stages of the swim, the girls tried to hold onto the pace work they had set, and pushed themselves to speed up in the last 200m. They had given their best and I am very pleased with the work these swimmers have consistently given in training, a very dedicated pair of girls.'