

'Women into Coaching' Project

Did you know..?

- *Less than 10% of British coaches at the 2004 Olympics were women (despite 40% of athletes at the Games being female). The target for the 2012 London Games is for a minimum of 15% of British coaches to be female.*

Source: British Olympic Committee

- *Research conducted by UK Sport revealed that only 33% of women with a disability in England took part in physical activity compared with 44% of men.*

Source: UK Sport

- *Research by sportscoachUK shows that only 2% of people are involved in some form of sports leadership / coaching in London. Of that group women make up only 30%!*

Source: sportscoachUK

Tees Valley Sport are now delighted to announce phase 2 of their 'Women into Coaching' project - but we need your help!

Here is how we would like you to be involved:

- The aim of the project is to recruit individuals from across the Tees Valley.
- The women need to be involved, or have the opportunity to be involved, in a sport or physical activity placement and we ask for your help in identifying potential placement opportunities.
- Successful candidates will gain a qualification in NVQ Level 2 in Activity Leadership.
- The qualification will give candidates the skills and training necessary to take the first steps into a career in coaching and activity leadership.
- The course is FREE to women in the Tees Valley who are aged 25-60 and not in full-time employment.
- Free support is also available to help with travel and childcare costs.
- The course starts in January 2008

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- Candidates with prior qualifications including the CSLA and NGB awards can use the knowledge as evidence to support completion of the NVQ Level 2.
- We aim to work closely with partners to provide opportunities for paid employment and further coaching qualifications upon completion of the course.

Not only will this course help encourage more women to become involved in coaching but also widen our partnership workings and help increase participation levels in sport and physical activity for women and girls.

If you would like to get involved in this exciting project – and most importantly help recruit individuals – please contact:

Louise Trillo at l.trillo.tees.ac.uk or on (01642) 342287