

Why enter a Gala?

- To see how much progress you have made.
- To put into practice what you have been learning in training.
- To stretch yourself to your limits.
- To improve your Personal Best times (PBs).
- To achieve qualifying times for other galas.
- To compete.
- To learn from watching better swimmers.
- To represent DASC.
- To meet new people.
- To have fun.
- To win.