

DASC at Gateshead & Wickham Spring Graded Gala Felling, 20 March 2010

A large team of 16 girls and 5 boys represented DASC at the one-day Gateshead & Wickham Spring Graded Gala at Felling on 20 March. Once again the swimmers did the club proud and produced a fantastic total of 46 Personal Best times out of a total of 71 swims.

Our medallists were:

Richard Murray	9	50 Free	1 st
		200 IM	2 nd
		200 Free	3 rd
		50 Back	3 rd
		50 Fly	3 rd
Richard Coxon	14	200 Free	3 rd
		100 Fly	3 rd
		200IM	3 rd
Hannah Briggs	9	50 Fly	1 st
		50 Free	3 rd
Jade Cook	9	50 Breast	3 rd
Elizabeth Fenby	10	50 Free	1 st
		50 Back	1 st
		50 Fly	1 st
		200 Free	3 rd
Alana Prior	10	50 Back	2 nd
Kate Troy	13	100 Back	1 st
Ineke van Mourik	14	100 Fly	3 rd
Catherine Fenby	15	100 Fly	1 st
		100 Free	2 nd
		200 IM	2 nd

Highlights of the day included:

- Richard Murray in his last gala as a 9 year old winning a gold medal as well as clocking up 3 more PBs in a typically busy day of 6 events
- Richard Coxon clocking up huge PBs (as well as being so eager that he jumped the gun on one occasion)
- Alex Park producing PBs in all his 3 swims with an especially quick 100m Free.
- Jo Walsh swimming as an individual in his first open gala
- Lauren Allinson continuing to improve and gain gala experience
- The ongoing tussle amongst the young teenage girls on 100m Free, with Kate Troy going under the 1.10 barrier for the first time and Fern Turner and Lucy Proctor going agonisingly close to it, with Lauren Bell and Helen Murray not far behind
- Alana Prior producing a superb 6 PBs in 6 swims
- Hannah Briggs winning a gold medal and knocking 22 seconds off her 200m Free PB
- Bridget Upton improving her PBs by massive margins on all her 4 swims
- Helen Murray swimming 100m Breast 5 seconds faster than she has ever done before
- Catherine Fenby reaching new heights on 100m Fly and 200m IM
- Elizabeth Fenby outsprinting the opposition on all strokes except Breaststroke
- Good PB swims from Lucy Proctor in both 200m IM and 200m Free
- Emily Bell, Victoria Pinner, Anna Troy and John van Mourik also producing PB swims

DASC Head Coach, Glen Fenby, said, "It is fabulous to see so many DASC swimmers attending the gala and achieving super PBs. The icing on the cake was the amount of top three places we achieved and the swimmers deserve all the reward for their great effort over the last few months. It was another small step in the right direction for the club."

A special thanks to the parents for their encouragement and support at the gala.