

DARLINGTON AMATEUR SWIMMING CLUB

CODE OF CONDUCT

The Purpose

The committee of Darlington Amateur Swimming Club has agreed this Code of Conduct and all members of the club (children and adults, swimmers and non-swimmers) are expected to abide by it.

The purpose of the Code is to outline the conduct expected from members of the club particularly at training sessions, but also when representing the club at swimming events or taking part in other events connected with the club, so that all members are enabled to participate in the sport with enjoyment and success.

Expected Conduct

Members of DASC are expected to behave towards others in a manner that is

- **Safe**
- **Respectful**
- **Co-operative**

In particular, it is expected that all club members shall

- Comply with the codes, rules and laws within the guidelines set out by the ASA
- Behave without discrimination on the grounds of race, colour, language, religion, birth or social status as set out in the asa equal opportunities policy.
- Respect the basic human rights, worth and dignity of each member.
- Not encourage swimmers, volunteers, officials or parents to violate the rules of the club or the sport.
- Observe the authority and the decisions of all officials.
- Encourage all swimmers to obey the spirit of the rules and laws both in and out of the pool.
- Treat other competitors and teams with respect, in victory and defeat.

Unacceptable Conduct

The coach (or other designated responsible adult) is responsible in the first instance for assessing the conduct of members in their charge and dealing with any unacceptable conduct in a reasonable and consistent manner.

If necessary, Section 6 of the Club Constitution outlines the club rules for handling unacceptable behaviour.

Expected Conduct for 'Away Trips'

When members are involved in 'away trips' requiring group travel and/or group accommodation, then they are expected to comply with the following points:

Behaviour and Personal Conduct must at all times be of a high standard and reflect favourably on the sport, and the Club. Language in public or relevant group situations must always be appropriate and socially acceptable.

Consumption of Alcohol is totally forbidden for athletes under age as defined by UK law. Alcohol may only be consumed by others in moderation and at appropriate times and places so that performance as an athlete, coach, official or in any other club role is in no way impaired. Those who consume alcohol should be aware of the impact this may have on younger members.

Smoking is totally forbidden for athletes under age as defined by UK law. Others may only smoke at appropriate times and places, so as not to cause any inconvenience or offence to other members.

Personal Appearance shall be appropriate to the circumstances and as indicated by the Team Manager. Team kit and equipment shall be worn as directed by the Team Manager when competing and training, when assembling or travelling, at official team functions or on other occasions as notified.

Attendance at all activities is expected unless agreed by the Team Manager. Throughout the duration of the trip swimmers should inform staff of their whereabouts. Punctuality on all occasions is essential and any curfew must be observed.

Illegal and Performance Enhancing Drugs and Substances are strictly forbidden. Swimmers are expected to be aware of the current list of banned substances and particular care must be exercised if anyone is on medication prior to or during a meet.

Illegal Drugs and Substances: The use of these, even though they may not appear on the official banned list in respect of performance enhancing drugs, is nonetheless prohibited.

Accommodation: When members choose not to stay in the same accommodation as the rest of the group, they should provide details of their accommodation and contact phone numbers to the Team Manager. All members are expected to behave in a responsible and disciplined manner at all times on overnight stays, complying with reasonable instructions from the Team Manager or Coach on curfews, room sharing and expected behaviour. At no time may anyone extra be accommodated in an athlete's room.

Medication: It is important that information on all medication being currently taken should be reported to the Team Manager who will report it to the relevant personnel. Allergies to any medication must be reported to the Team Manager.

Sanctions: Breaches of the Code of Conduct shall be dealt with in the first instance by the Team Manager or Coach. He/she shall report the incident to the Secretary of the club who shall take such further action as is deemed necessary.

Agreement to Abide by the Code of Conduct

The Application Form for Membership of DASC requires every member (of any age) to sign to agree to abide by the DASC Code of Conduct.

In addition, the Code of Conduct requires that the parent/guardian of a member under the age of 12 explains to them the content and implications of the Code.