

## **DASC at NER BAGCAT Championships, Sheffield, 4,5,11,12 June 2011**

Four talented 11 year olds from DASC competed in the North-East Region BAGCAT (Agegroup) Swimming Championships held over two weekends in the Ponds Forge Complex in Sheffield. All had achieved tough qualifying times to be eligible to enter and all excelled themselves against the best of the region's swimmers.

### **William Smith**

This was William's first competition in a 50m pool and the first time he has competed at this level. In 100m Butterfly he finished 6<sup>th</sup> in the heats, qualifying to compete in the final where he also finished 6<sup>th</sup>. His heat time was a PB but he managed to better this again in the final with a fantastic time of 1.19.43. This was nearly 3 seconds faster than his best short course time, which he set only a month ago. Since September last year William has improved on this event by a margin of 30 seconds – a staggering rate of progress. Well done.

### **Jade Cook**

This was also Jade's first swim in a long course pool. She competed in 100m and 200m Breaststroke, doing very well to make the final in both events, finishing 9<sup>th</sup> and 10<sup>th</sup> respectively. In both events her heat times were faster than her previous best short course times.

### **Elizabeth Fenby**

Elizabeth has competed at this level before and swam in 100m Butterfly and Freestyle events, with a great Personal Best in the Freestyle race of 1.10.90.

### **Alana Prior**

In her second NER BAGCATS at Sheffield, Alana swam 100m Backstroke making the final and improving her position from 9<sup>th</sup> after the heats to 7<sup>th</sup> in the final with a great long course PB time. She also swam a very good 200m Breaststroke with a time faster than her previous short course PB.

A 5<sup>th</sup> DASC 11 year old, Hannah Briggs, also qualified in 100m and 200m Butterfly events, but unfortunately was on holiday so was not able to compete.

All the swimmers were very excited about competing at this level. William said he was really nervous to start with, but once he warmed up he was fine, and he was thrilled to make a final. Alana also enjoyed the whole experience. The swimmers and parents paid tribute to all the hard work and dedication that coaches, Emma Hughes and Glen Fenby, had put in to enable them to perform so well.