

DASC at Rotherham Metro AB Graded Meet, Sheffield, 20 & 21 January 2012 LONG COURSE

Last name	First name	Squad	DoB	50m free	100m free	200m free	50m back	100m back	200m back	50m breast	100m breast	200m breast	50m fly	100m fly	200m fly
GIRLS															
ABBOTT	Sally	A1	13-06-01	36.83*	1.20.62#!	2.54.57#			3.25.32*		1.51.86#!		43.68#	1.40.80#!	
ALLINSON	Lauren	A1	08-04-99	36.52#!							1.55.33#				3.54.67#
BELL	Emily	Top1	10-02-98		1.10.80*	2.35.38*				43.82*!			37.78*	1.22.43*	
BELL	Lauren	Top1	26-09-96		1.08.57*!		35.81*	1.19.30*	2.47.40*	41.20*!					
BRIGGS	Hannah	A1	29-04-00	33.85*!			38.52*!							1.19.39*	2.59.04*
COATES	Hannah	A1	06-08-01		1.26.58#!	3.10.11#		1.37.77#							
COOK	Jade	A1	30-03-00		1.14.79#	2.44.81#				40.23#!		3.11.47*			
FENBY	Catherine	Top1	23-04-94	31.14	1.08.86		36.05*	1.17.59*					33.39*	1.19.96*	
FENBY	Elizabeth	Top1	02-11-99	32.32*!	1.11.76	2.37.77*	39.56*						37.39		
FENBY	Victoria	Top1	05-04-97	33.99#!						45.04#			36.42#	1.19.43#	
HAWKES	Abbi	Top1	28-12-96		1.12.83*	2.36.40*!		1.34.74*							
JONES	Emilia	A1	06-11-01			3.04.08#				47.85#		3.43.22#	43.06#		
MURRAY	Helen	Top1	25-11-95		1.08.16*	2.32.35*	36.51*	1.23.44	2.51.02*	39.88*		3.05.48*			
PRIOR	Alana	A1	11-02-00				37.12*		2.49.02*						
PROCTOR	Lucy	Top1	21-09-95	31.55*!	1.09.28	2.33.78	37.13	1.20.96	2.44.07*						
TROY	Anna	A1	15-04-99		1.13.72#		42.07#			45.02*	1.39.45*				
TROY	Kate	Top1	30-06-96	33.00*	1.10.92		37.78			46.85				1.24.94#	
UPTON	Bridget	Top1	12-10-97		1.10.62*!		37.97*!			46.43*				1.30.44#!	
VAN MOURIK	Ineke	Top2	01-12-95								1.38.71#			1.24.00#!	3.11.69*

* = Long Course PB

= First Long Course swim at event

! = Long Course time faster than Short Course (unconverted) PB

Remember to record your PBs. It is a good idea to keep Long Course PBs separate from Short Course PBs

You can convert your Long Course times to Short Course using the converter at <http://swimcalc.com/cgi-bin/convert.cgi/default>

NER Qualifying Time